AGING & DISABILITY RESOURCE CENTER

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Beef Baked Ziti with Cheese** Breadstick Broccoli Peaches & Pears	**3** **Beef Pot Roast w/ Gravy** Whole Grain Dinner Roll Parsley Red Potatoes California Vegetable Blend Three Bean Salad Fudge Brownie	**4** **Baked Ham** Whole Grain Dinner Roll Scalloped Potatoes Green Beans Marinated Carrot Salad Chocolate Pudding	**5** **Chicken Cordon Bleu** Mashed Sweet Potatoes Cheesy Broccoli & Cauliflower Fruited Gelatin w/ Mandarin Oranges	**6** **Baked Talapia** Italian Bread Roasted Garlic Potatoes California Blend Vegetables Tropical Fruit Chocolate Chip Cookie
9 **Cranberry Glazed Chicken** Whole Grain Dinner Roll Confetti Brown Rice Seasoned Green Beans Peaches with Whipped Topping	**10** **Meatballs with Tomato Sauce** Whole Wheat Pasta Whole Grain Dinner Roll Mixed Vegetables Cucumber Salad Fruited Gelatin with Pears	**11** **BBQ Boneless Chicken Thigh** Whole Wheat Bread Seasoned Corn Warm Glazed Apples Garbonzo Bean Salad Glazed Lemon Cake	**12** **Beef Tips with Mushroom Gravy** Whole Grain Dinner Roll Garlic Mashed Potatoes Peas Pumpkin Bar 100% Grape Juice	**13** **Tomato Soup** Ham & Swiss Sandwich Garden Salad Oreo Cookies

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16 **Orange Chicken Stir Fry** Whole Grain Dinner Roll Vegetable Fried Rice Ginger Honey Glazed Carrots Mandarin Oranges	**17** **Hamburger on a Bun** Lettuce & Tomato Baked Potato Wedges Beets Mixed Fruit	**18** **Roast Beef with Gravy** Italian Bread Herb-Roasted Potatoes Glazed Carrots Pound Cake with Strawberries	**19** **BBQ Pork Rib Patty Sandwich** Baked Beans Glazed Carrots Pears Lorna Doone Shortbread Cookies	**20** **Breakfast for Lunch** Egg, Sausage & Cheese English Muffin Seasoned Home Fries Warm Cinnamon Apples Coffeecake 100% Orange Juice
23 **Beef Tacos** Shredded Lettuce & Diced Tomatoes Shredded Cheddar Cheese & Sour Cream Black Beans Applesauce	**24** **Chicken & Broccoli Rice Bake** Whole Grain Dinner Roll Garden Salad Corn Vanilla Pudding	**25** **Roasted Turkey w/ Gravy** Whole Grain Dinner Roll Mashed Potatoes Green Beans Old-Fashioned Apple Pie Apple Juice	**26** **CLOSED- Happy Thanksgiving!**	**27** **CLOSED - Happy Thanksgiving!**
30 **Chicken Pot Pie** Biscuit Garlic Mashed Potatoes Brussels Sprouts Mixed Fruit				

All meals are served with 1% milk | Due to unforeseen circumstances, there may be adjustments to the menu.

Suggested Contribution: $5/meal |
Contributions help to fund the services we provide. Please contribute what your budget allows.