

4th Quarter 2026 Diabetes Education



BROWN COUNTY DIABETES COALITION

Diabetes Support Group

Our diabetes support group offers a welcoming space for individuals and caregivers to connect and learn. Guest speakers share practical tips on nutrition, exercise, medication, and emotional well-being to support healthier living.

Wednesday, October 7th, 2026

3:00pm-4:30pm

ADRC of Brown County

300 S Adams St, Green Bay, WI 54301

Topic: Footcare

Register by calling ADRC at 920-448-4300

Wednesday, November 4th, 2026

3:00pm-4:30pm

ADRC of Brown County

300 S Adams St, Green Bay, WI 54301

Topic: Prevention of Hypoglycemia

Register by calling ADRC at 920-448-4300

Holiday Cooking, the Diabetes Friendly Way: A Food for Life Workshop

Join us for an informational, holiday-themed Food for Life cooking workshop designed to help you enjoy festive meals that are vibrant, satisfying, and diabetes friendly.

Whether you're living with diabetes, cooking for someone who is, or simply looking for healthier seasonal inspiration, this workshop brings joy back to the holiday table. Come learn, taste, and celebrate with us.

Tuesday, December 1st, 2026

11:00am-12:30am

300 S Adams St, Green Bay, WI 54301

Register by calling ADRC at 920-448-4300

Healthy Living with Diabetes

Healthy Living with Diabetes is a 6-week workshop for adults with type 2 diabetes, prediabetes, or caregivers. Weekly sessions teach practical skills for managing blood sugar, nutrition, exercise, and stress while building confidence and independence

Thursdays

October 1st -November 5th, 2026

5:00pm-7:30pm

Denmark Community Center & Library

150 N. Wall St, Denmark, WI 54208

Register by calling ADRC at 920-448-4300

\$35 suggested donation

Mondays

October 12th -November 23rd, 2026

12:00pm-2:30pm

ADRC of Brown County

300 S Adams St, Green Bay, WI 54301

Register by calling ADRC at 920-448-4300

\$35 suggested donation

Tuesdays

October 13th -November 17th, 2026

9:00am-11:30am

Oneida Aging & Disability Conference Rm

2907 S Overland Rd, Oneida, WI 54155

Register by calling Sarah/Patty at 920-869-6840

\$35 suggested donation

National Diabetes Prevention Program and Medicare Diabetes Prevention Program

These year-long programs for people with prediabetes or at risk for developing type 2 diabetes help build healthy habits. Call the local program providers for more information on upcoming programs:

Bellin Health, 920-445-7220

Streu's Pharmacy, 920-437-0206

Oneida Nation Health, 920-490-3780

(Tribal members and employees only)