

Video Resources for Dementia Caregivers



The videos below* are re-enactments of challenging situations that caregivers of people with dementia may face. Get an idea of how to respond to your loved one in a particular moment.

“Through the Eyes of A Person with Dementia” – Milwaukee County Department on Aging

This video series helps people understand what common experiences might feel like through the perspective of the person with dementia.

- A Visit to the Doctor: www.youtube.com/watch?v=WBNq2HJjJlk
- Caregiving at Home: www.youtube.com/watch?v=6NnNcBldVC8
- First Responders: www.youtube.com/watch?v=h51Obxf-5QI
- Residential Care: www.youtube.com/watch?v=L-LLKhIqC7o
- Emergency Department: www.youtube.com/watch?v=HEecUjOHReM
- Mobile Crisis: www.youtube.com/watch?v=luMqhHtZ7zU

Caregiver Video Series – Office of Rural Health

To educate and aid caregivers, the Office of Rural Health funded the following caregiver video series, each of which are broken up into modules on specific topics. Topics include improving communication, intimacy and dementia, preventing financial mismanagement, minimizing inappropriate behaviors, and more.

· www.ruralhealth.va.gov/vets/resources.asp#dem

UCLA Alzheimer’s and Dementia Care Program

These videos will provide you with practical tools you can use in a variety of settings to create a safe, comfortable environment both for the person with dementia and the caregiver through roleplay of the “do’s” and “don’ts” in responding to your loved one with dementia.

· www.uclahealth.org/dementia/caregiver-education-videos

Online Training for Family Caregivers – Wisconsin Department of Health Services

This presentation discusses basic information about dementia and describes strategies for family caregivers to consider when providing care to someone who has changes in their behavior as a result of dementia. It also includes information on how to support family members who are providing care for a person with dementia, and how to take care of yourself as a family caregiver.

· www.dhs.wisconsin.gov/dementia/families.htm

**This is not an all-inclusive list of dementia caregiving videos available on the internet.*

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