

Memory Concerns: Next Steps for Further Testing



Why get an Assessment?

An early diagnosis can lead to better treatment and quality of life outcomes, plus resolve the anxiety of wondering, “What is wrong with me?” It can also give you more time to plan for the future, allowing you to make decisions regarding care, living arrangements, financial and legal matters, and other important issues.

- Find possible problems with your brain functioning
- Discover reversible causes of memory or cognitive concerns
- Receive a diagnosis (if necessary)
- Define your brain-related strengths and weaknesses
- Guide treatment for your personal, educational, or vocational needs and make relevant recommendations to other health care providers
- Document possible changes in your brain functioning over time

What to Expect From an Appointment?

There is no singular test to determine if someone has Alzheimer’s or another type of dementia. Physicians look at many different aspects to determine the cause of memory concerns. Here are some things you may experience at an assessment:

- Review of medical history
- Lab tests including blood and urine tests
- Other medical tests to rule out physical causes
- Thinking, memory, and problem-solving tests
- Brain imaging like a CT or MRI scan
- Input from close family members and friends

ADRC of Brown County
300 S. Adams St. Green Bay, WI 54301
(920) 448-4300
www.adrcofbrowncounty.org
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Who can Give a Diagnosis?

You can receive a diagnosis from your primary care physician, a neurologist, a neuropsychologist, or through an assessment at a Wisconsin Alzheimer's Institute (WAI) affiliated Memory Assessment Clinic.

WAI affiliated clinics follow a set of best practice guidelines that include use of an interdisciplinary care model that minimally has a physician and, preferably, a neuropsychologist and a social worker, or other team members trained to complete the functions of the evaluation.

What to Bring to a Memory Assessment:

1. Any adaptive aides such as eyeglasses, hearing aides, dentures, etc.
2. Adaptive equipment such as a cane, walker, special shoes, etc.
3. List of medications, both prescription and over-the-counter
4. Recent appointment summary documents
5. Power of Attorney (Healthcare and Finance) documents, Living Will, guardianship papers, and more
6. Insurance cards and a valid photo ID
7. Any questions or concerns for your physician
8. A family member or good friend

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Wisconsin Alzheimer's Institute (WAI) Affiliated Memory Assessment Clinics

Prevea Health Clinic

1821 S. Webster Ave. Green Bay
(920) 272-1610
www.prevea.com

Green Bay Veteran's Administration Health Care Center

2851 University Ave. Green Bay
(920) 431-2500
www.milwaukee.va.gov/locations/green_bay.asp

Neurologist Offices

Aurora BayCare Clinic Neuropsychology

2854 Greenbrier Rd. Green Bay
(920) 288-8030
www.aurorabaycare.com

Bellin Health Neuropsychology

725 S. Webster Ave. Green Bay
(920) 433-6073
www.bellinhealth.org

Prevea Allouez Health Center

1821 S. Webster Ave. Green Bay
(920) 496-4700
www.prevea.com