

Volunteers Needed!

Share your skills and give back to your community! ADRC has so many ways for you to join our family. Check out these opportunities! For more information, see the backside of this flyer!



Consistent Time Commitment

Bingocize® Facilitator



10 weeks a year, 2 hours/week

Healthy Living with Diabetes Facilitator



7 weeks a year, 2.5 hours/week

Stepping On Facilitator



7 weeks a year, 2 hour/week

Walk With Ease Facilitator



6 weeks a year, 3 hour/week

Powerful Tools for Caregivers Facilitator



Year 1- 6 week program 2 times, 1.5 hours/week
Year 2+- 6 week program 1 time, 1.5 hours/week

Flexible Time Commitment

Home Delivered Meal Driver



Drivers deliver from 11 am - 1 pm, Monday - Friday

Dementia Community Educator



Flexible during normal working hours- Monday - Friday

Front Desk Greeter



Flexible during normal working hours- Monday - Friday

Medicare Outreach Facilitator



Time commitment is 2-3 hours per month.

Boost your Balance Screeners



Time commitment is 3 hours per month.

Scan here to join our team!

[www.adrcofbrowncounty.org/
get-involved-volunteer](http://www.adrcofbrowncounty.org/get-involved-volunteer)



Join Our Team!

Bingocize® Facilitator

Bingocize® combines exercise and health information with the familiar game of Bingo, which is a great and fun way to get seniors and those with disabilities moving and socializing

Home Delivered Meal Driver

Make a difference in the lives of homebound individuals in our community by delivering them a hot, nutritious meal with a smile.

Dementia Community Educator

The Dementia Community Education volunteer position works in conjunction with the Dementia Care Specialist to aid in outreach and community presentations in Brown County.

Front Desk Greeter

The ADRC greeter creates a warm, welcoming environment as the first point of contact for visitors and callers. This role includes greeting guests, answering phones, and assisting with office tasks like mailings, filing, and scanning. Office experience is a plus but not required—just bring a positive attitude and a team spirit!

Boost your Balance Screeners

Volunteers will help older adults assess and reduce fall risks through in-home evaluations, personalized safety guidance, and follow-up support, empowering them to maintain independence. This is a meaningful opportunity for people who are passionate about senior health to make a direct impact in their community.

Healthy Living with Diabetes Facilitator

Healthy Living with Diabetes gives participants strategies for managing diabetes including communication techniques, practicing healthy eating and nutrition, goal setting, and much more.

Medicare Outreach Facilitator

Assist customers in understanding Medicare programs through group presentations and individual counseling. Presentations take you to various sites around Brown County. Meet lots of new people!

Powerful Tools for Caregivers Facilitator

Powerful Tools for Caregivers (PTC) is an evidenced-based class that provides family caregivers with the tools to take care of themselves while caring for a loved one.

Stepping on Facilitator

Stepping On gives participants strategies for avoiding falls including balance and strength exercises, home safety modifications, medication review, and more. Guest experts provide falls prevention information and strategies for avoiding a fall.

Walk With Ease Facilitator

Walk With Ease is designed to help people manage arthritis pain and make walking a regular habit. It is proven to increase balance, strength, walking pace, and build confidence to be physically active.

Join us at the ADRC!

920-448-4300 | ADRCofbrowncounty.org

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