

Diabetes Support Group



Dates:

January 7th, 2026 | 3 - 4:30 pm

Topic: Coping with a Chronic Disease Diagnosis

Presenter: Michelle DeGrave, Aurora Health Care

March 4th, 2026 | 9:30 am - 2 pm

Stronger Together: Diabetes Wellness Event:

Enjoy a cooking demo, free screenings, education, and hear from expert speakers!

Location: Bay Beach Wildlife Sanctuary- Dick Resch Family Learning and Conservation Center

August 5th, 2026 | 3 - 4:30 pm

Topic: Local Trails & Parks, for Safe, Accessible, Exercise.

Presenter: Matt Kriese, GB Parks Director

October 7th, 2026 | 3 - 4:30 pm

Topic: Footcare

Presenter: Dr. Komp, DPM, Emplify Health Surgery & Specialty Center- Podiatry

November 4th, 2026 | 3 - 4:30 pm

Topic: Prevention of Hypoglycemia and Treating High Blood Sugar

Presenter: Rachel Whitesitt, Streu's Pharmacy

This group will host sessions with guest speakers on a variety of health topics, with a special focus on diabetes. Gain valuable insights on diabetes management and support from both experts and peers.

**All sessions are located at the ADRC.
300 S Adams St. Green Bay, WI 54301**

**Call to register at
920-448-4300!**

Supported by:



BROWN COUNTY
DIABETES PARTNERSHIP



Aging and Disability Resource Center
of Brown County

300 S Adams St Green Bay
920-448-4300

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