



AGING & DISABILITY RESOURCE CENTER

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Pork Riblet Homestyle Cornbread Broccoli & Cheese Sauce Cottage Cheese Pears	Bruschetta Chicken Whole Wheat Bread Beets Green Beans Italian Lentil Salad Lorna Done Shortbread Cookies	Cheeseburger Lettuce & Tomato Baked Potato Wedges Stewed Tomatoes Mixed Fruit	Orange Chicken Stir Fry Whole Grain Dinner Roll Vegetable Fried Rice Glazed Carrots Mandarin Oranges	Baked Tilapia Italian Bread Roasted Red Potatoes Italian Vegetable Blend Tropical Fruit with Vanilla Pudding
Beef Tacos Shredded Lettuce & Diced Tomatoes Shredded Cheddar Cheese & Sour Cream Black Beans Applesauce	Lemon Garlic Pork Loin Whole Grain Dinner Roll Mashed Sweet Potatoes Corn Tropical Fruit Oatmeal Raisin Cookie	Sweet & Sour Meatballs Whole Grain Dinner Roll Confetti Brown Rice Peas Marinated Carrot Salad Orange	Chicken Parmesan Whole Wheat Pasta Whole Grain Dinner Roll Sauteed Zucchini and Tomatoes California Vegetable Blend Fruited Gelatin with Pears	Roast Beef with Gravy Italian Bread Herb-Roasted Potatoes Glazed Carrots Garden Salad Vanilla Pudding
Chicken Pot Pie Buttermilk Biscuit Garlic Mashed Potatoes Carrots Mixed Fruit	BBQ Pulled Pork Sandwich Seasoned Home Fries Peas Fruited Gelatin w/ Mandarin Oranges	Bean Chili Whole Grain Macaroni Cornbread Garden Salad Peaches	Roasted Turkey w/ Gravy Whole Wheat Bread Mashed Potatoes Green Beans Old-Fashioned Apple Pie Apple Juice	Parmesan Cod Rye Bread Mashed Sweet Potatoes Brussels Sprouts Diced Pears Chocolate Chip Cookie
Honey-Lemon BBQ Chicken Whole Grain Dinner Roll Candied Sweet Potatoes Broccoli Coleslaw Vinaigrette Fruit & Grain Cereal Bar	Meatloaf w/ Gravy Whole Grain Dinner Roll Mashed Potatoes Carrots Mixed Fruit	Italian Sausage on a Bun Pasta Primavera Corn Kidney Bean Vinaigrette Sugar Cookie	Sloppy Joes Broccoli & Cauliflower Potato Salad Banana Granola Bar	Vegetable Soup Egg Salad Sandwich Cucumber Tomato Salad Fruit Juice