

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Pork Riblet Homestyle Cornbread Broccoli & Cheese Sauce Cottage Cheese Pears	3 Bruschetta Chicken Whole Wheat Bread Beets Green Beans Italian Lentil Salad Lorna Done Shortbread Cookies	4 Cheeseburger Lettuce & Tomato Baked Potato Wedges Stewed Tomatoes Mixed Fruit	5 Orange Chicken Stir Fry Whole Grain Dinner Roll Vegetable Fried Rice Glazed Carrots Mandarin Oranges	6 Baked Tilapia Italian Bread Roasted Red Potatoes Italian Vegetable Blend Tropical Fruit with Vanilla Pudding
9 Beef Tacos Shredded Lettuce & Diced Tomatoes Shredded Cheddar Cheese & Sour Cream Black Beans Applesauce	10 Lemon Garlic Pork Loin Whole Grain Dinner Roll Mashed Sweet Potatoes Corn Tropical Fruit Oatmeal Raisin Cookie	11 Sweet & Sour Meatballs Whole Grain Dinner Roll Confetti Brown Rice Peas Marinated Carrot Salad Orange	12 Chicken Parmesan Whole Wheat Pasta Whole Grain Dinner Roll Sautéed Zucchini and Tomatoes California Vegetable Blend Fruited Gelatin with Pears	13 Roast Beef with Gravy Italian Bread Herb-Roasted Potatoes Glazed Carrots Garden Salad Vanilla Pudding
16 Chicken Pot Pie Buttermilk Biscuit Garlic Mashed Potatoes Carrots Mixed Fruit	17 BBQ Pulled Pork Sandwich Seasoned Home Fries Peas Fruited Gelatin w/ Mandarin Oranges	18 Bean Chili Whole Grain Macaroni Cornbread Garden Salad Peaches	19 Roasted Turkey w/ Gravy Whole Wheat Bread Mashed Potatoes Green Beans Old-Fashioned Apple Pie Apple Juice	20 Parmesan Cod Rye Bread Mashed Sweet Potatoes Brussels Sprouts Diced Pears Chocolate Chip Cookie
23 Honey-Lemon BBQ Chicken Whole Grain Dinner Roll Candied Sweet Potatoes Broccoli Coleslaw Vinaigrette Fruit & Grain Cereal Bar	24 Meatloaf w/ Gravy Whole Grain Dinner Roll Mashed Potatoes Carrots Mixed Fruit	25 Italian Sausage on a Bun Pasta Primavera Corn Kidney Bean Vinaigrette Sugar Cookie	26 Sloppy Joes Broccoli & Cauliflower Potato Salad Banana Granola Bar	27 Vegetable Soup Egg Salad Sandwich Cucumber Tomato Salad Fruit Juice