



AGING & DISABILITY RESOURCE CENTER

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Meatballs with Italian Tomato Sauce Penne Pasta Whole Grain Bread Broccoli & Cauliflower Cucumer Tomato Salad Apple Crisp
4	5	6	7	8
Chicken & Ham Jambalaya Whole Grain Dinner Roll Corn Garden Salad Peach Fluff	Peach BBQ Roasted Pork Whole Grain Bread Mashed Sweet Potatoes California Vegetable Blend Fresh Cantaloupe	Bratwurst on a Bun Hot German Potato Salad Mixed Vegetables Cucumer Tomato Salad Gelatin Poke Cake	Tuna Salad Sandwich Lettuce Leaf & Tomato Slice Carrots with Hummus Watermelon Lorna Doone Shortbread Cookie	Oven Baked Fish Whole Grain Dinner Roll Herb-Roasted Potatoes Brussels Sprouts Pineapple & Mandarin Oranges Lemon Cookie
11	12	13	14	15
BBQ Chicken Breast Whole Grain Bread AuGratin Potatoes Seasoned Green Beans Cinnamon Applesauce	Sloppy Joe Hamburger Bun BBQ Black Beans Carrot Salad Fresh Seasonal Fruit Fig Newton Cookies	Chicken Apple Salad on a Croissant Broccoli Vinaigrette Tropical Fruit Blueberry Cookie	Meatloaf with Gravy Whole Grain Dinner Roll Mashed Potatoes Glazed Carrots Peaches & Strawberries Powder Sugar Dusted Fudge Brownie	Scalloped Potatoes with Ham Rye Bread Peas Apricots Fruit & Grain Cereal Bar
18	19	20	21	22
French Toast Sticks with Syrup Cheesy Scrambed Eggs Hashbrown Warm Spiced Peaches Grape Juice	Hot Dog on a Bun Baked Beans Seasoned Green Beans Caprese Salad Fruited Gelatin with Pears	Chicken Alfredo with Penne Pasta Whole Grain Dinner Roll Glazed Carrots Mixed Fruit Oatmeal Raisin Cookie	Chef's Salad Strawberry Banana Yogurt Banana Zucchini Muffin	Grilled Montreal Chicken Sandwich Lettuce Leaf & Tomato Slice & Honey Mustard Sauce Grilled Vegetables Apple Coleslaw Mandarin Oranges
25	26	27	28	29
Swedish Meatballs Egg Noodles Whole Grain Dinner Roll Seasoned Broccoli Mixed Fruit	Seafood Salad Sandwich Calico Coleslaw Vinaigrette Black Bean & Corn Quinoa Salad Mixed Berries	Roast Beef with Gravy Whole Grain Dinner Roll Mashed Potatoes Glazed Carrots Fruited Gelatin w/ Mandarin Oranges	Baked Macaroni & Cheese w/ BBQ Chicken Whole Grain Dinner Roll Seasoned Green Beans Zucchini & Tomatoes Pineapple & Mandarin Oranges Pudding	Glazed Ham Whole Grain Bread Baked Beans Marinated Cucumber & Onions Blueberry Pie

All meals are served with 1% milk | Due to unforeseen circumstances, there may be adjustments to the menu.

Suggested Contribution: \$5/meal | Contributions help to fund the services we provide. Please contribute what your budget allows.