



AGING & DISABILITY RESOURCE CENTER

March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Baked Ziti Garlic Herb Breadstick Broccoli Peaches & Pears</p>	<p>3</p> <p>Beef Pot Roast with Gravy Whole Grain Dinner Roll Parsley Red Potatoes Butternut Squash Three Bean Salad Chocolate Chip Power Brownie</p>	<p>4</p> <p>Baked Ham Whole Wheat Bread Scalloped Potatoes Green Beans Marinated Carrot Salad Vanilla Pudding with Wafer Cookies</p>	<p>5</p> <p>Chicken Cordon Bleu Confetti Brown Rice Broccoli & Cauliflower Garden Salad Gelatin with Whipped Topping</p>	<p>6</p> <p>Breakfast for Lunch Egg & Cheese Breakfast Sandwich Home Fries Cinnamon Apples Blueberry Sugar Cookies 100% Orange Juice</p>
<p>9</p> <p>Cranberry Glazed Chicken Whole Grain Dinner Roll Mashed Sweet Potatoes Seasoned Green Beans Peaches with Whipped Topping</p>	<p>10</p> <p>Roasted Pork with Sauerkraut Whole Wheat Bread BBQ Pinto Beans Corn Glazed Lemon Cake</p>	<p>11</p> <p>Meatballs with Tomato Sauce Whole Grain Dinner Roll Whole Grain Pasta Kettle Blend Mixed Vegetables Cucumber Salad Fruited Gelatin with Pears</p>	<p>12</p> <p>Beef Tips with Mushroom Gravy Whole Grain Dinner Roll Garlic Mashed Potatoes Peas Pumpkin Bar 100% Grape Juice</p>	<p>13</p> <p>Potato Soup Tuna Salad Sandwich Garden Salad Oreo Cookies</p>
<p>16</p> <p>BBQ Pork Riblet Homestyle Cornbread Broccoli & Cheese Sauce Cottage Cheese Pears</p>	<p>17</p> <p>Bruschetta Chicken Whole Wheat Bread Beets Green Beans Italian Lentil Salad Lorna Done Shortbread Cookies</p>	<p>18</p> <p>Cheeseburger Lettuce & Tomato Baked Potato Wedges Stewed Tomatoes Mixed Fruit</p>	<p>19</p> <p>Orange Chicken Stir Fry Whole Grain Dinner Roll Vegetable Fried Rice Glazed Carrots Mandarin Oranges</p>	<p>20</p> <p>Baked Tilapia Italian Bread Roasted Red Potatoes Italian Vegetable Blend Tropical Fruit with Vanilla Pudding</p>
<p>23</p> <p>Beef Tacos Shredded Lettuce & Diced Tomatoes Shredded Cheddar Cheese & Sour Cream Black Beans Applesauce</p>	<p>24</p> <p>Lemon Garlic Pork Loin Whole Grain Dinner Roll Mashed Sweet Potatoes Corn Tropical Fruit Oatmeal Raisin Cookie</p>	<p>25</p> <p>Sweet & Sour Meatballs Whole Grain Dinner Roll Confetti Brown Rice Peas Marinated Carrot Salad Orange</p>	<p>26</p> <p>Roast Beef with Gravy Italian Bread Herb-Roasted Potatoes Glazed Carrots Garden Salad Vanilla Pudding</p>	<p>27</p> <p>Cheese Stuffed Shells Whole Wheat Pasta Whole Grain Dinner Roll Sauteed Zucchini and Tomatoes California Vegetable Blend Fruited Gelatin with Pears</p>
<p>30</p> <p>Chicken Pot Pie Buttermilk Biscuit Garlic Mashed Potatoes Carrots Mixed Fruit</p>	<p>31</p> <p>BBQ Pulled Pork Sandwich Seasoned Home Fries Peas Fruited Gelatin w/ Mandarin Oranges</p>			

All meals are served with 1% milk | Due to unforeseen circumstances, there may be adjustments to the menu.

Suggested Contribution: \$5/meal | Contributions help to fund the services we provide. Please contribute what your budget allows.