



AGING & DISABILITY RESOURCE CENTER

June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta w/ Meat Sauce Garlic Herb Breadstick Italian Vegetable Blend Garden Salad Fresh Seasonal Fruit	Seasoned Chicken Breast Whole Grain Dinner Roll BBQ Black Beans Roasted Corn Mandarin Oranges Chocolate Chip Cookies	Hamburger Lettuce & Tomato Roasted Potatoes Carrots Rice Crispy Bar	Citrus Herb Pork Chop Whole Wheat Bread Maple Mashed Sweet Potatoes Creamy Coleslaw Fudge Brownie	Cod Sandwich Tater Tots Irish Vegetable Blend Mixed Fruit & Cottage Cheese
BBQ Shredded Pork Sandwich Rice w/ Broccoli & Cheese Sauce Garden Salad Diced Pears	Hot Ham & Swiss Croissant Parsley Red Potatoes Carrots Coleslaw Vinaigrette Oatmeal Cookies	Chicken Stroganoff Whole Grain Dinner Roll Egg Noodles Peas Pickled Beets Orange	Tacos Shredded Lettuce & Diced Tomatoes Refried Beans Cinnamon Apples Yellow Cake	Cream of Broccoli Soup Egg Salad Sandwich Lettuce & Tomato Hummus w/ Carrots String Cheese
Chicken & Ham Jambalaya Whole Grain Dinner Roll Corn Garden Salad Peach Fluff	BBQ Peach Roast Pork Whole Wheat Bread Mashed Sweet Potatoes Irish Vegetable Blend Fresh Cantaloupe	Bratwurst on a Bun Hot German Potato Salad Mixed Vegetables Garden Salad Poke Cake	Meatballs w/ Tomato Sauce Garlic Herb Breadstick Whole Wheat Pasta Broccoli & Cauliflower Cucumber Tomato Salad Chocolate Chip Cookies	Ranch Crusted Chicken Sandwich Lettuce & Tomato Home Fries Baked Beans Fruited Gelatin
Baked Fish Rye Bread Roasted Potatoes Brussels Sprouts Apricots Fruit & Cereal Bar	Sloppy Joe BBQ Black Beans Carrot Salad Fresh Seasonal Fruit Fig Newton Cookies	BBQ Chicken Breast Whole Wheat Bread Au Gratin Potatoes Peas Cinnamon Applesauce	Vegetable Soup Chicken Apple Walnut Salad on a Croissant Broccoli Vinaigrette Tropical Fruit Yogurt	Country Meatloaf w/ Gravy Whole Grain Dinner Roll Mashed Potatoes Carrots Peaches & Strawberries Fudge Brownie



Suggested Contribution: \$5/meal.

Please pay as much as you can afford. We rely on donations to keep the program going.

All Meals are Served with 1% Milk | Due to circumstances beyond our control, menu changes may occur from time to time.

Suggested Contribution: \$5/meal | Please pay as much as you can afford, as we rely on donations from participants to keep the program going.