## Brain Health *Talk*



Presented by: Kim Patterson, Alzheimer's Association Volunteer & Heather Flick, Dementia Care Specialist, ADRC

## Thursday, May 23, 2024

1 - 2 p.m. In person at ADRC 300 S Adams St, Green Bay

## Got Dementia on the Brain?

Have you been wondering about dementia and how to keep your brain healthy? It may surprise you to learn that there are many things we can do! Join us for a discussion on brain health followed by a simulation of what it may feel like to be living with a type of dementia as well as tips on how we can make things go easier for those around us.

ADRC, 300 S. Adams Street, Green Bay, WI www.adrcofbrowncounty.org facebook.com/adrcbrowncountywi

Reasonable accommodations for disabilities are available, please request 5 days in advance.



Registration is required. Space is limited. Call ADRC (920) 448-4300 to register.