

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Booyah Whole Wheat Bread Garden Salad Pumpkin Bar	2 Sausage & Egg Breakfast Sandwich Warm Glazed Apples Cinnamon Apple Coffeecake Fruit Juice	3 Pot Roast w/ Gravy Whole Grain Dinner Roll Parsley Red Potatoes Butternut Squash Three Bean Salad Mint Frosted Fudge Brownie
6 Chicken Alfredo w/ Pasta Whole Grain Dinner Roll Glazed Carrots Peaches	7 Roasted Pork w/ Sauerkraut Whole Wheat Bread BBQ Pinto Beans Corn Oreo Cookies	8 Meatballs w/ Tomato Sauce Whole Grain Dinner Roll Whole Wheat Pasta Mixed Vegetables Cucumber Salad Fruited Gelatin	9 Chicken Cordon Bleu Brown Rice Broccoli Apple Coleslaw Pretzels	10 Beef Stew Whole Grain Dinner Roll Peas Frosted Lemon Cake Fruit Juice
13 Mushroom Swiss Burger Baked Potato Wedges Stewed Tomatoes Mixed Fruit	14 Bruschetta Chicken Whole Wheat Bread Lentils Beets Garden Salad Pudding	15 BBQ Pork Rib Cornbread Garden Salad Warm Spiced Peaches String Cheese Lorna Doone Shortbread Cookies	16 Asian Beef Whole Grain Dinner Roll Vegetable Fried Rice Glazed Carrots Mandarin Oranges	17 Baked Tilapia Rye Bread Roasted Garlic Potatoes Italian Vegetable Blend Fruited Gelatin
20 Chicken Noodle Soup Egg Salad Garden Salad Rice Crispy Treat Fruit Juice	21 Chicken Parmesan Whole Grain Dinner Roll Whole Wheat Pasta Irish Vegetable Blend Pears Oatmeal Raisin Cookies	22 Turkey w/ Gravy Whole Wheat Bread Potatoes Green Beans Old-Fashioned Apple Pie Fruit Juice		
27 Chili Whole Wheat Pasta Cornbread Garden Salad Peaches	28 Brown Sugar Glazed Ham Whole Wheat Bread Mashed Sweet Potatoes Corn Tropical Fruit Vanilla Frosted Spice Cake	29 Pasta w/ Meat Sauce Breadstick Brussels Sprouts Mixed Fruit Chocolate Chip Cookies	30 Pork Chop Suey Whole Grain Dinner Roll Fried Rice Peas Fruited Gelatin	Suggested Contribution: \$5/meal. Please pay as much as you can afford. We rely on donations to keep the program going.

All Meals are Served with 1% Milk | Due to circumstances beyond our control, menu changes may occur from time to time.

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