

# Partners Preventing Falls



**First Responders & the Aging and Disability Resource Center (ADRC) of Brown County** work together to help prevent falls at home. We care about you and want to help you prevent a fall that could cause serious injury and loss of independence. The ADRC is an organization that is dedicated to helping senior citizens stay safe in their own home. They listen, care, and provide ideas and solutions based on your goals and interests.

## The ADRC can help & here's how...

If you are interested in talking with the ADRC, the ADRC will call you in a few days. From there they will look for a time that is most convenient for you to learn more. ADRC services are provided by phone, online or at your home based on your comfort. It is a **free service** and there is no obligation, you decide for yourself if the ADRC can help. If you need something in the meantime, you can also call ADRC directly at **(920) 448-4300**.

