



AGING & DISABILITY RESOURCE CENTER

February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested Donation: \$4/meal.</p> <p>Please pay as much as you can afford. We rely on donations to keep the program going.</p>	<p>1</p> <p>Mushroom Swiss Burger Baked Potato Wedges Stewed Tomatoes Mixed Fruit</p>	<p>2</p> <p>Beef Pot Roast w/ Gravy Whole Grain Dinner Roll Mashed Potatoes Carrots Peaches Devils Food Cake</p>	<p>3</p> <p>Bruschetta Chicken Whole Grain Dinner Roll Lentils Garden Salad Pudding</p>	<p>4</p> <p>Pesto-Crusted Pollock Rye Bread Roasted Garlic Potatoes Seasoned Green Beans Fruited Gelatin</p>
	<p>7</p> <p>Sweet & Sour Meatballs Whole Wheat Bread Confetti Brown Rice Peas & Carrots Pickled Beets Orange</p>	<p>8</p> <p>Spanish Rice w/ Chicken Fiesta Corn Refried Pinto Beans Applesauce Pudding</p>	<p>9</p> <p>Minestrone Soup Egg Salad Sandwich Garden Salad Rice Crispy Treat</p>	<p>10</p> <p>Chicken Parmesan Whole Grain Dinner Roll Penne Pasta Winter Vegetable Blend Pears Oatmeal Raisin Cookies</p>
<p>14</p> <p>Chicken Pot Pie Biscuit Mashed Potatoes Carrots Pears</p>	<p>15</p> <p>Tortellini w/ Meat Sauce Garlic Breadstick Brussels Sprouts Mixed Fruit Chocolate Chip Cookies</p>	<p>16</p> <p>Pork Chop Suey Whole Grain Dinner Roll Fried Rice Peas Fruited Gelatin</p>	<p>17</p> <p>Chili Homestyle Cornbread Whole Grain Macaroni Garden Salad Peaches</p>	<p>18</p> <p>Roasted Herbed Turkey w/ Gravy Whole Wheat Bread Mashed Potatoes Green Beans Old-Fashioned Apple Pie Fruit Juice</p>
<p>21</p> <p>Italian Sausage w/ Peppers & Onions Lentil Bean Salad Irish Vegetable Blend Warm Spiced Peaches</p>	<p>22</p> <p>Chicken Breast w/ Mushroom Gravy Whole Grain Dinner Roll Carrots Rice Pilaf Mandarin Oranges</p>	<p>23</p> <p>Breaded Fish Sandwich Baked Potato Half Green Beans Coleslaw Pudding</p>	<p>24</p> <p>Country Meatloaf w/ Gravy Whole Wheat Bread Mashed Potatoes Carrots Apple Crisp</p>	<p>25</p> <p>Cream of Broccoli Soup Chicken Salad Sandwich Vegetable Pasta Salad Pineapple Fig Newton Cookies</p>
<p>28</p> <p>Sloppy Joe Baked Beans Coleslaw Tropical Fruit Sun Chips</p>				

All Meals are Served with 1% Milk | Due to circumstances beyond our control, menu changes may occur from time to time.
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