

# *ADRC Home Delivered Meal Program*



***Enjoy a hot, nutritious lunch from the comfort of home!***

## ***Stay in your home - stay independent.***

Those who receive a meal say it helps them continue living in their home.

## ***It's more than just a meal.***

Along with lunch comes a short visit, wellness check, and links to other services and support.

## ***Who is eligible for a meal?***

To be eligible for meals, you must be:

- Age 60 or older, and home bound, unable to drive or unable to prepare meals for yourself.
- The spouse or caregiver living with an eligible person, regardless of age.
- Persons under the age of 60 with a disability living with an eligible person .
- Persons under age 60 may qualify for services at full cost \$11.35.

## ***How does someone sign up for meals?***

Contact the ADRC Nutrition Program at 920-448-4312 or visit our website at <https://adrcofbrowncounty.org/homebound-meals/> click on **Community Interest** and fill out the application. Nutrition team will be in touch within 2 days to schedule a home visit and determine eligibility.

## ***What is the cost?***

Eligible individuals receive meals for a \$5.00 suggested contribution per meal.

Monthly contribution statements are mailed to customers or a contact of their choice.

Please contribute what your budget allows, you will not be denied a meal if you are not able to contribute.

### **ADRC of Brown County**

300 S. Adams St. Green Bay, WI 54301  
(920) 448-4300

[www.adrcofbrowncounty.org](http://www.adrcofbrowncounty.org)

ADRC is a nonprofit, 501(c)3 organization

Find us online:



## ***What's on the menu?***

We serve a general diet. Go to this ADRC Monthly Menu link <https://adrcofbrowncounty.org/resource-library/> to see what's for lunch.

Special diet meals (low-sodium, texture modified, and gluten free meals) are not available at this time. To learn more about services for special dietary needs, call us at (920) 448-4312.

All meals contain grains, protein, 1% milk, at least 3 servings of fruits and/or vegetables, and dessert most days. We try to limit sodium content by not adding salt during cooking, but some processed items will be higher in sodium.

## ***When and where are meals delivered?***

Volunteers and employees deliver meals throughout Brown County to find out if you are eligible to receive a meal call 920-448-4312. Meals are delivered weekdays between 11 a.m. - 12:30 p.m. Customers must be home at the time of delivery to receive the meal.

**Note:** Meals are not delivered on major holidays or when Green Bay Public Schools are closed due to inclement weather.

## ***Meet the volunteers***

Volunteers are fun and friendly! They can provide assistance opening packaging and bringing the meal into your home if you are unable to come to the door. All volunteers are screened and receive on-going training.

## ***What happens if there is an emergency?***

If there's no answer at the door, we call you first, then your emergency contacts. If a volunteer discovers you've fallen or are having a medical emergency, they are trained in how to handle the situation, including calling emergency contacts and/or emergency personnel.

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