Stay in your home...stay independent.
Persons receiving a meal say it helps them continue living in their home.

It’s more than just a meal.
Along with lunch comes a short visit, wellness check, and links to other services and support.

Who is eligible for a meal*?
You may be eligible for meals if you are:
- Age 60 or older, for the most part homebound and unable to safely prepare meals on your own
- The spouse of someone who is eligible for meals
- Adult with a disability living with an eligible person who is receiving meals
*Adults under age 60 may qualify. Call for more information.

What’s on the menu?
Our balanced meals include meat/meat alternative, grain -bread/pasta/potato/rice, vegetable, fruit, dessert and milk. Meals meet 1/3 of the Recommended Daily Allowance (RDA) for older adults

Check out our menu in the ADRC Magazine, or our website www.adrcofbrowncounty.org.
No special diets. We limit sodium by not adding salt during cooking but packaged and canned goods are used.

When and where are meals delivered?
Volunteers deliver meals to most areas within Brown County. Call to find out if your home is within the delivery area 920-448-4312. Meals are delivered weekdays between 11 am and 12:30 pm. No delivery on major holidays. Meal recipients must be home at the time of delivery.

Meet the Volunteers
Volunteers are fun & friendly! They can provide assistance opening packaging, as well as bringing the meal into your home if you are unable to come to the door. All volunteers are screened and received on-going training.

What happens if there is an emergency?
If there’s no answer at the door, we call you first then emergency contacts. If a volunteer discovers you’ve fallen or are having a medical emergency, they are trained in how to handle the situation including calling emergency contacts and/or emergency personnel.

How does someone sign-up for meals?
Call the ADRC Nutrition Program staff at 920-448-4312 to start an application.
They will schedule a visit to meet you in your home.
Approved applicants often start receiving meals in as little as two days.

Healthcare professionals: applications are available at adrcofbrowncounty.org. Print, complete and fax.

What is the cost*?
Eligible individuals receive meals for a $4.00 suggested donation. Monthly donation statements are mailed to recipients, or a contact of their choice. Persons will not denied a meal based on ability to donate.
*The actual full cost of the meal is $9.40.

For more information, call the ADRC Nutrition Program
(920) 448-4312

Serving older adults, adults with disabilities, and their caregivers in Brown County.