



*“Healing in your journey will depend not only on your inner resources, but also on your surrounding support system...you need not walk alone...you cannot walk alone. You deserve and need to have understanding people around you who allow you to feel your grief long after society deems appropriate.”*

*~ Alan Wolfelt*

## Healing Through Grief *Life After Caregiving*

**3<sup>rd</sup> Wednesday of each month**

4:00 - 5:30 p.m.

ADRC of Brown County,  
300 S. Adams St., Green Bay


A monthly support group meeting for spouses, partners, family members, and friends who are grieving the loss of a loved one.



**For more information,  
call ADRC (920) 448-4300.**

Sponsored by:  
Brown County Caregiver Coalition

ADRC, 300 S. Adams Street,  
Green Bay, WI 54301

 [www.adrcofbrowncounty.org](http://www.adrcofbrowncounty.org)  
[facebook.com/adrcbrowncountywi](https://facebook.com/adrcbrowncountywi)

*Reasonable accommodations will be made for disabilities. If you require such an accommodation, please contact ADRC at (920) 448-4300 at least 5 business days in advance.*