

For more information on the support groups listed on the back, please contact the following agencies and organizations:

- **DBSA**

*(Depression & Bipolar Support Alliance)*

920-217-9352

[dbsasupport.com](http://dbsasupport.com)

Contact: Amy, President

[amy@dbsasupport.org](mailto:amy@dbsasupport.org)

- **The Gathering Place**

1001 Cherry St., Green Bay

920-430-9187

[thegatheringplaceinc.com](http://thegatheringplaceinc.com)

Contact: Susan Mader,

Executive Director

[thegatheringplace2@new.rr.com](mailto:thegatheringplace2@new.rr.com)

- **NAMI**

920-430-7460

[namibrowncounty.org](http://namibrowncounty.org)

[info@namibrowncounty.org](mailto:info@namibrowncounty.org)

# Mental Health Support Groups

## *In Brown County*



### **ADRC of Brown County**

920-448-4300

300 S. Adams Street  
Green Bay, WI 54301



[www.adrcofbrowncounty.com](http://www.adrcofbrowncounty.com)  
[adrcbrowncountywi](https://www.facebook.com/adrcbrowncountywi)

*Serving older adults, adults with disabilities, and their caregivers in Brown County.*

## Support Groups for Peers

*Those with mental health conditions*

### Mondays

- Building Blocks to Success  
11:00am-12:00pm  
The Gathering Place (1001 Cherry St., Green Bay)
- Voice of Change  
*For individuals living with schizophrenia or schizoaffective disorder.*  
11:00am-12:00pm  
The Gathering Place (1001 Cherry St., Green Bay)
- Hour of Power with Jacqueline  
1:00-2:00pm  
The Gathering Place (1001 Cherry St., Green Bay)
- Support Group for Young Adults (18-29)  
5:30-6:30pm  
The Gathering Place (1001 Cherry St., Green Bay)

### Tuesdays

- Strengths for Recovery with Eric  
1:00pm-2:00pm  
The Gathering Place (1001 Cherry St., Green Bay)
- Our Journey with Eric  
5:30-7:00pm  
The Gathering Place (1001 Cherry St., Green Bay)

### Wednesdays

- DBSA Support Group with Eric  
1:00-2:30pm  
The Gathering Place (1001 Cherry St., Green Bay)
- Ground Floor with Eric  
5:30-7:00pm  
The Gathering Place (1001 Cherry St., Green Bay)
- DBSA Support Group  
6:30-8:00pm  
Bellin Health Psychiatric Center  
301 E. St. Joseph St., Green Bay

### Thursdays

- Wellness Circle with Jacqueline  
1:00-2:00pm  
The Gathering Place (1001 Cherry St., Green Bay)

### Fridays

- Dual Diagnosis Support Group with Dave  
1:00pm-2:00pm  
The Gathering Place (1001 Cherry St., Green Bay)

### Saturdays

- Moving Forward Support Group with Eric  
1:00-2:00pm  
The Gathering Place (1001 Cherry St., Green Bay)
- Weekly Adult Peer Support Group

**CHECK WEBSITE OR CALL PRIOR TO SUPPORT GROUPS. MEETINGS ARE PRIMARILY VIRTUAL DUE TO COVID-19.**

## Support Groups for Family & Friends

### Mondays

DBSA Friends, Family, and Peers Support Group  
6:30-8:00pm  
Bellin Health Psychiatric Center  
301 E. St. Joseph St., Green Bay

2nd Monday NAMI Support Group  
6:30-8:00pm  
ADRC of Brown County  
300 S. Adams St., Green Bay



*Please note this may not be an inclusive list of all mental health support groups in Brown County. Contact the Brown County 211 Database for more mental health information (dial 2-1-1).*

*Source: The Gathering Place, DBSA (Depression and Bipolar Support Alliance), and NAMI (National Alliance on Mental Health)*

*Information provided courtesy of ADRC of Brown County. Endorsements not implied, nor assumed.*

