



Brain Check-Up *Normal Aging... or Something Else?*

Early detection is important.

*Treatment may be possible.
Stay in control of your life.*

A **brain check-up** is a wellness tool that helps identify possible changes in memory and cognition.

This tool creates a baseline of where you are right now, plus allows you to monitor future changes.

It's **at no cost to you** and takes only 10 minutes!



Benefits of a Brain Check-Up

Get immediate results

Keep your results for future comparison. Share them with your physician. (ADRC can fax them to your physician.)

Early detection is important

Annual brain check-ups provide early detection and better treatments, just as blood pressure, cancer, diabetes, and stroke screenings do.

Treatment may be possible


Some types of dementia are reversible, like those from nutritional & vitamin deficiencies, depression, thyroid issues, and more.

Knowledge gives you more control

Dementias that are not reversible can often be treated with medications. Medications may slow dementia down and extend your quality of life for a longer period of time.

For more information and to schedule
your brain check-up,
call ADRC (920) 448-4300.

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