

## *Listen. Support. Connect.*

### **Decision Support: Plan for the Future**

*Stay independent at home  
Considering a facility  
Caring for a loved one*

- Transition age: Students with disabilities
- In-home care
- Housing options
- Transportation

### **Dementia Diagnosis: Help Along the Journey**

- Brain health
- Signs, symptoms, and treatment
- Memory screens
- Community programs
- Help a loved one

### **Benefit Questions: Start with a Check-Up**

*Understand the programs  
See all available options  
Make an informed decision*

- Medicare
- Medicaid
- Social Security
- Pensions
- Health Insurance

### **Stay Healthy, Stay Active: Come to ADRC**

- Falls prevention
- Health education
- Homebound meals
- Community café
- Classes, events, trips

The primary purpose of the ADRC Specialist is to provide the customer with unbiased information about services that will meet their needs. This includes sharing information with customers about agencies that provide needed services. The ADRC may operate programs that provide direct services to customers.

The ADRC Specialist:

- Cannot attempt to influence customers for financial gain or other self-interests.
- Cannot attempt to influence customers in the interest of any service or program provider, including the ADRC itself.

The ADRC is prohibited from using revenue generated from direct service programs to support the ADRC Specialist program.

*This publication is produced courtesy of ADRC of Brown County, endorsements are not assumed or implied.*

*Reproduction is permitted as long as credit to the agency is retained and distribution is for noncommercial purposes only. ADRC of Brown County is an equal opportunity provider functioning under an affirmative action plan.*

Find us online:



Updated: 12.8.22



## **Answers & Solutions** *Start Here*

*“Empower and enrich the lives of older adults, adults with disabilities and their caregivers.”*



300 S. Adams St.  
Green Bay, WI 54301  
Monday - Friday  
8 a.m. - 4:30 p.m.  
Other times available by prior arrangement.

(920) 448-4300  
TTY: WI Relay 711  
[bc.adrc@browncountywi.gov](mailto:bc.adrc@browncountywi.gov)  
[www.adrcofbrowncounty.org](http://www.adrcofbrowncounty.org)  
ADRC is a nonprofit, 501(c)3 organization

## Help Finding Services

### Information & Assistance Specialists

Make decisions that are right for you.

- *Want to stay independent & live where you would like?*
- *Looking for help with housekeeping, bathing, or transportation?*
- *Need to understand a dementia diagnosis?*
- *Helping care for a loved one and need answers & stress relief?*

ADRC staff listen to your unique situation. They focus on your wants and needs. Staff provide unbiased options, so you can make informed decisions.



## Money Matters

### Elder & Disability Benefit Specialists

Explore private and/or government benefit options. Benefit Specialists provide information & assistance, education, and advocacy for a variety of programs, such as:

- *Medicare*
- *Medicaid*
- *Prescription drug assistance*
- *Social Security benefits*
- *Benefit appeals & denials*



## Stay Healthy, Stay Active

### Learn More, Grow Strong, Have Fun

Add laughter, independence, friends, and energy to your life!

- *Improve your health - understand a diabetes diagnosis*
- *Stay safe - reduce your risk of falls*
- *Have fun - try a new hobby or meet new friends*

With exercise classes, support groups, workshops, and more, there is so much to do at ADRC!



## Food - Meals

### Nutrition Program, Community Café, Homebound Meals

Stay connected with friends and meet new ones over a delicious lunch at a community café. Get healthy eating tips at educational classes throughout the year. Lunch can be delivered at home for qualifying, homebound older adults or adults with disabilities.



## Grounded Café at ADRC

### Everyone Welcome - All Ages, All Abilities

Grounded Café provides opportunities to breakdown stereotypes of “old” and “disabled” individuals through a job skills training program. This puts the focus on everyone’s abilities. Your purchase makes this possible.

**YOU are helping our community grow.**

**Hours: Monday - Friday, 7a - 2p**

**Menu:** variety of coffees, teas, blended drinks, bakery, breakfast, and lunch. *Take-out and catering also available.*



## Help Build Your Community

### Make a Difference & Give Back

As a nonprofit organization, ADRC’s mission would not be possible without the generous support from community members just like you.

- *Get involved - share a skill with different volunteer opportunities*
- *Make your dollar count - no amount is too small*
- *Advocate - let your voice be heard*

