

# Medicare-Covered Preventive Services



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## Services Medicare covers with no deductible or coinsurance

Care/Screening	Service and Frequency
Welcome to Medicare Exam	One time within first 12 months on Medicare B
Yearly Wellness Visit	Every 12 months after first year on Medicare B (not a physical)
Abdominal Aortic Aneurism	Once, if referred by a doctor/practitioner due to risk factors
Alcohol Misuse Screening	Once a year, if you do not have dependence on alcohol
Bone Mass Measurement	Once every 24 months for people who meet certain criteria
Cardiovascular (Heart) Disease Screenings	Blood test (Cholesterol, Lipids, & Triglycerides) every 5 years One doctor visit per year (may pay 20% coinsurance for office visit)
Colon Cancer Screening (One or more may be covered)	Colonoscopy: Every 120 months (or 24 months if high risk)*
	Fecal Occult Blood Test: Every 12 months if age 50+
	Flex Sigmoidoscopy: Every 48 months if 50+ (or 120 after previous if not high risk)
	Multi-Target Stool DNA Test: Every 3 years if criteria met
Depression Screening	Once a year, if done in primary care setting
Diabetes Screening	Up to 2 test per year if at high risk
Hep C Screening Test	Covered if meet at-risk criteria
HIV Screening	Once a year between age 15 - 65 or if at-risk
Lung Cancer Screening	Annual CT scan for those who meet criteria
Mammogram	Once a year after age 40
Nutrition Therapy (Medical)	With referral if criteria met (diabetes, kidney disease, or transplant)
Obesity Screening	1:1 counseling sessions may be covered if BMI $\geq$ 30
Pap Test/Pelvic Exam	Every 24 months (12 months if high risk)
Prostate Cancer Screening	PSA test every 12 months for men > 50
Sexually Transmitted Infections	Screening every 12 months for those at increased risk or pregnant
Smoking Cessation	Up to 8 visits in a 12 month period
Vaccinations	Flu Shot: Once per flu season
	Hepatitis B Shot: Covered if at high or medium risk
	Pneumonia Shot: Check with Dr. if need 1 or 2 shots - both are covered
	Shing Shot: Not covered by Medicare A or B - check with Part D plan

\*If Polyp is found or removed, you may have to pay 20% of doctor's services and a copay in hospital outpatient setting.

### ADRC of Brown County

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[www.adrcofbrowncounty.org](http://www.adrcofbrowncounty.org)

ADRC is a nonprofit, 501(c)3 organization

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**Services Original Medicare covers with coinsurances or deductibles**  
**If you are in an Advantage Plan, check with your plan on costs**

Care/Screening	Service and Frequency	What You Pay
Barium Enema (Colon Cancer Screening)	Every 48 months if 50 or older (or 24 months if high-risk)	Part B ded + 20%
Diabetes Self-Management Training	With doctor's order or referral	Part B ded + 20%
Glaucoma Screening	Annually if high-risk (diabetic or family history)	Part B ded + 20%
Prostate Cancer - Digital Exam	Every 12 months for men 50 and older	Part B ded + 20%

<b>Routine Physical Exam</b>	<b>Medicare Wellness Visit</b>
Focus on prevention, wellness, and screening for disease	Identify health risks, detect cognitive impairment, assess risk of falling, screen for depression
Update to medical & family history. Update providers and prescriptions. Recommend appropriate cancer screenings. Administer vac-	Update to medical & family history. Update providers and prescriptions. Recommend appropriate cancer screenings. Administer vaccines.
Obtain height, weight, blood pressure, and other routine measurements. Discuss Advance Directives.	Obtain height, weight, blood pressure, and other routine measurements. Discuss Advance Directives.
Perform lab work  Physical exam: measure temperature, blood pressure, heart rate. Observes eyes, ears, nose, and throat. Check for lumps, organ size & shape, and reflex response. Listen to heart, lungs, and bowels.	No lab work.  No measuring, observing, checking, or listening is performed.

**For information and assistance with Medicare or other benefits, contact ADRC at (920) 448-4300.**

Information provided by:



LOCAL HELP FOR PEOPLE WITH MEDICARE