

Medicare-Covered Preventive Services



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Services Medicare covers with no deductible or coinsurance

Care/Screening	Service and Frequency
Welcome to Medicare Exam	One time within first 12 months on Medicare B
Yearly Wellness Visit	Every 12 months after first year on Medicare B (not a physical)
Abdominal Aortic Aneurism	Once, if referred by a doctor/practitioner due to risk factors
Alcohol Misuse Screening	Once a year, if you do not have dependence on alcohol
Bone Mass Measurement	Once every 24 months for people who meet certain criteria
Cardiovascular (Heart) Disease Screenings	Blood test (Cholesterol, Lipids, & Triglycerides) every 5 years
Colon Cancer Screening (One or more may be covered)	Colonoscopy: Every 120 months (or 24 months if high risk)*
	Fecal Occult Blood Test: Every 12 months if age 50+
	Flex Sigmoidoscopy: Every 48 months if 50+ (or 120 after previous if not high risk)
	Multi-Target Stool DNA Test: Every 3 years if criteria met
Depression Screening	Once a year, if done in primary care setting
Diabetes Screening	Up to 2 test per year if at high risk
Hep C Screening Test	Covered if meet at-risk criteria
HIV Screening	Once a year between age 15 - 65 or if at-risk
Lung Cancer Screening	Annual CT scan for those who meet criteria
Mammogram	Once a year after age 40
Nutrition Therapy (Medical)	With referral if criteria met (diabetes, kidney disease, or transplant)
Obesity Screening	1:1 counseling sessions may be covered if BMI \geq 30
Pap Test/Pelvic Exam	Every 24 months (12 months if high risk)
Prostate Cancer Screening	PSA test every 12 months for men > 50
Sexually Transmitted	Screening every 12 months for those at increased risk or pregnant
Smoking Cessation	Up to 8 visits in a 12 month period
Vaccinations	Flu Shot: Once per flu season
	Hepatitis B Shot: Covered if at high or medium risk
	Pneumonia Shot: Check with Dr. if need 1 or 2 shots - both are covered
	Shing Shot: Not covered by Medicare A or B - check with Part D plan

*If Polyp is found or removed, you may have to pay 20% of doctor's services and a copay in hospital outpatient setting.

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ADRC is a nonprofit, 501(c)3 organization

Find us online:



**Services Original Medicare covers with coinsurances or deductibles
If you are in an Advantage Plan, check with your plan on costs**

Care/Screening	Service and Frequency	What You Pay
Barium Enema (Colon Cancer Screening)	Every 48 months if 50 or older (or 24 months if high-risk)	Part B ded + 20%
Diabetes Self-Management Training	With doctor's order or referral	Part B ded + 20%
Glaucoma Screening	Annually if high-risk (diabetic or family history)	Part B ded + 20%
Prostate Cancer - Digital Exam	Every 12 months for men 50 and older	Part B ded + 20%

Prevention & Wellness Wordsearch

N P J N A M Q C L C N P K P E S
 O X R U Z I Y F R O P H U R S R
 I S D E D K L G G R E Y U E E E
 T O G N V U I N J A V S A S X P
 I E I N S E I V L K S I X C E U
 R N C H I P N T F E X C Q R R K
 T Z O M P N H T R T E A Z I C C
 U T Q E B Y E P I F M L P P I E
 N Y T T A R D E Y O F A W T S H
 D S O G U O Q Y R J N C K I E C
 O B I I O Z W O M C W T P O H R
 O N G L R P G J F V S I L N N Z
 G A B W E L L N E S S V I S I T
 L O R E T S E L O H C I I L Q Z
 L I V I N G W E L L A T W V G C
 E C N A L A B J S U A Y F R E E

Word Bank:

- Balance
- Blood pressure
- Check Up
- Cholesterol
- Exercise
- Flu Shot
- Good Nutrition
- Healthy Aging
- Living Well
- Physical Activity
- Prescriptions
- Prevention
- Screenings
- Stepping On
- Wellness Visit
- Free

For information and assistance with Medicare or other benefits, contact ADRC at (920) 448-4300.

Information provided by:



LOCAL HELP FOR PEOPLE WITH MEDICARE