| $\int D R C$ | AGING \& DISABILITY RESOURCE CENTER |  |  | May 2024 |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Suggested Contribution: \$5/meal. <br> Please pay as much as you can afford. We rely on donations to keep the program going. |  | Chicken Stroganoff <br> Whole Grain Dinner Roll <br> Egg Noodles <br> Peas <br> Pickled Beets <br> Orange |  <br> Tacos <br> Shredded Lettuce <br> $\quad \&$ Diced Tomatoes <br> Refried Beans <br> Cinnamon Apples <br> Yellow Cake |  3 <br> Cream of Broccoli Soup  <br> Egg Salad Sandwich  <br> Lettuce \& Tomato  <br> Hummus w/ Carrots  <br> String Cheese  |
| Chicken \& Ham Jambalaya Whole Grain Dinner Roll Corn Garden Salad Peach Fluff | BBQ Peach Roast Pork <br> Whole Wheat Bread Mashed Sweet Potatoes Irish Vegetable Blend Fresh Cantaloupe |  8 <br> Bratwurst on a Bun  <br> Hot German Potato Salad  <br> Mixed Vegetables  <br> Garden Salad  <br> Poke Cake  | Meatballs w/ Tomato Sauce <br> Garlic Herb Breadstick <br> Whole Wheat Pasta <br> Broccoli \& Cauliflower <br> Cucumber Tomato Salad <br> Chocolate Chip Cookies |  10 <br> Ranch Crusted Chicken  <br> Sandwich  <br> Lettuce \& Tomato  <br> Home Fries  <br> Baked Beans  <br> Fruited Gelatin  |
| Baked Fish  <br> Rye Bread  <br> Roasted Potatoes 13 <br> Brussels Sprouts  <br> Apricots  <br> Fruit \& Cereal Bar  | Sloppy Joe <br> BBQ Black Beans <br> Carrot Salad <br> Fresh Seasonal Fruit <br> Fig Newton Cookies | BBQ Chicken Breast <br> Whole Wheat Bread <br> Au Gratin Potatoes <br> Peas <br> Cinnamon Applesauce |  <br> Vegetable Soup <br> Chicken Apple Walnut Salad <br> $\quad 16$ <br> on a Croissant <br> Broccoli Vinaigrette <br> Tropical Fruit <br> Yogurt |  17 <br> Country Meatloaf w/ Gravy  <br> Whole Grain Dinner Roll  <br> Mashed Potatoes  <br> Carrots  <br> Peaches \& Strawberries  <br> Fudge Brownie  |
|  <br> Hot Dog on a Bun <br> Tater Tots <br> Baked Beans <br> Cherry Tomatoes w/ Ranch <br> Lorna Doone Shortbread Cookies | Sausage \& Egg Breakfast Sandwich Hash Browns Warm Spiced Peaches Fruit Juice Granola Bar |  22 <br> Chicken Alfredo  <br> Whole Grain Dinner Roll  <br> Carrots  <br> Mixed Fruit  <br> Oatmeal Raisin Cookie  | Chef's Salad <br> Apple Cinnamon Muffin w/ Apple Jelly <br> Banana <br> Pudding | Chicken Fajitas <br> Cilantro Lime Brown Rice <br> Mexican Coleslaw <br> Mandarin Oranges |
| MEMORIAL DAY 27 | Swedish Meatballs Whole Wheat Dinner Roll Whole Wheat Pasta Broccoli Mixed Fruit | Roast Beef w/ Gravy <br> Whole Grain Dinner Roll Mashed Potatoes Glazed Carrots Mixed Berries | Sweet \& Sour Chicken Stir Fry <br> Whole Grain Dinner Roll <br> Vegetable Fried Rice <br> Green Beans <br> Pineapple \& Mandarin Oranges Lemon Cookies | Glazed Ham <br> Whole Wheat Bread <br> Baked Beans <br> Cucumber \& Onion Salad Blueberry Pie |

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