

Memory Concerns:

Next Steps for Further Testing

Why get an assessment?

An early diagnosis can lead to better treatment and quality of life outcomes, plus resolve the anxiety of wondering, "*What is wrong with me?*". It can also give you more time to plan for the future, allowing you to make decisions regarding care, living arrangements, financial & legal matters, and other important issues.

- Find possible problems with your brain functioning
- Discover reversible causes of memory or cognitive concerns
- Receive a diagnosis (if necessary)
- Define your brain-related strengths and weaknesses
- Guide treatment for your personal, educational or vocational needs, and make relevant recommendations to other health care provider
- Document possible changes in your brain functioning over time

What to expect from an appointment?

There is no singular test to determine if someone has Alzheimer's or another type of dementia. Physicians look at many different aspects to determine the cause of memory concerns. Here are some things you *may* experience at an assessment:

- Review of medical history
- Lab tests including blood and urine tests
- Other medical tests to rule out physical causes
- Thinking, memory, & problem-solving tests
- Brain imaging like a CT or MRI scan
- Input from close family members and friends

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*Serving older adults, adults
with disabilities, and their
caregivers in Brown County.*

Who can give a diagnosis?

You can receive a diagnosis from your primary care physician, a neurologist, a neuropsychologist, or through an assessment at a Wisconsin Alzheimer's Institute (WAI) affiliated Memory Assessment Clinic.

WAI affiliated clinics follow a set of best practice guidelines that include use of an interdisciplinary care model that minimally has a physician and, preferably a neuropsychologist and a social worker; or other team members are trained to complete the functions of the evaluation.

What to bring to a memory assessment:

1. Any adaptive aides such as eyeglasses, hearing aides, dentures, etc.
2. Equipment such as a cane, walker, special shoes, etc.
3. List of medications, both prescriptions and over-the-counter
4. Recent appointment summary documents
5. Power of Attorney (Healthcare and Finance) documents, Living Will, guardianship papers, etc.
6. Insurance cards and valid photo ID
7. Any questions or concerns for your physician
8. A family member or friend who knows you well

Wisconsin Alzheimer's Institute (WAI) Affiliated Memory Assessment Clinics

- **Prevea Health Clinic**

1821 S. Webster Ave., Green Bay
920-272-1610

www.prevea.com

- **Green Bay Veteran's Administration Health Care Center**

2851 University Ave., Green Bay
920-431-2500

www.milwaukee.va.gov/locations/Green_Bay.asp

Neurologist Offices

- **Aurora BayCare Clinic
Neuropsychology**

2854 Greenbrier Rd., Green Bay
920-288-8030

www.aurorabaycare.com

- **Bellin Health Neuropsychology**

725 S. Webster Ave., Green Bay
920-433-6073

www.bellinhealth.org

- **Prevea Allouez Health Center**

1821 S. Webster Ave., Green Bay
920-496-4700

www.prevea.com