



Brown County Dementia Friendly Community Coalition:

COVID-19 Resources for People with Dementia and their Caregivers

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Get the latest information on the **COVID-19 vaccines**, where you can get a vaccine, frequently asked questions, and state vaccine data from the Wisconsin Department of Health Services.

www.dhs.wisconsin.gov/covid-19/vaccine

Education for Families and Caregivers

Alzheimer's Disease and the Holidays

Article

The holidays can be a special time, but may present challenges for those with dementia and their loved ones. Travel is fatiguing, being in a new location is disorienting, trying to recall names of relatives and friends is taxing, and following a conversation in a room filled with distractions, music, and laughter may be overwhelming. Here are some tips to help your loved one through the holidays.

Click [HERE](#) to read the article.

Got Dementia on the Brain? When It's Not Just Normal Aging (Online or by phone)

Wednesday, January 26th from 1:00 – 2:30pm

Alzheimer's and other dementias cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease, how to approach someone about memory concerns, the importance of early detection, and benefits of a diagnosis, possible tests and assessments for the diagnostic process, and local resources.

To register, click [HERE](#) or call the Alzheimer's Association at **800.272.3900**.

Wellness Week at the ADRC

In-Person Screenings

Join the ADRC January 17th – January 21st, 2022 for a week of wellness! Every day will feature different screenings or educational appointments. Call to reserve a spot for any, or all, of these events! Here are just two of the screenings/educational appointments offered.

- **Preparing your Advanced Directive for Healthcare**
Wednesday, January 19th from 10:00am – 12:00pm (30 min. appointments)
- **Brain Check-Ups**
Thursday, January 20th from 11:00am – 4:00pm (30 min. appointments)

To see all screenings being offered including balance, skin cancer, depression, blood pressure, etc. please click [HERE](#). To register for any of these screenings, call the **ADRC at 920.448.4300**.

For the Person with Dementia

Holidays at the Neville with Memory Café!

Pre-recorded video

If you missed it last year, never fear! Join Connie of the Brown County Memory Cafes and Ryan from the SPARK! Program at the Neville Public Museum as they wish you a happy holiday season! In this video we invite you to share some of your favorite memories of the holiday season and take a look at the museum's annual Holiday Memories of Downtown Green Bay exhibit.

Click [HERE](#) to view! (This video was recorded and published in 2020.)

Caregiver Support Groups (ongoing)

Wisconsin VIRTUAL Caregiver Support Groups - Alzheimer's Association

The Alzheimer's Association has put together a combined list of all of their current virtual support groups. Some are standing support groups, and some have been added due to COVID-19. These are some great opportunities to connect with other caregivers!

Click [HERE](#) see the full list.

Brown County Men's Group – IN-PERSON

1st Tuesday of Each Month at 9:00am

Bay View Family Restaurant, 1209 N. Military Ave, Green Bay, WI

Join this group to share successes and challenges of caring for a loved one with Alzheimer's or other type of dementia. Connect with other men on a similar journey! For questions, please call the ADRC at **920.448.4300**.

Schmitt Park Neighborhood Association Caregiver Support - IN-PERSON

4th Wednesday of Each Month from 4:00 - 5:00pm

Curative Connections (Room A), 2900 Curry Ln, Green Bay, WI

This group is intended for Schmitt Park residents, their family members, and their friends, who are providing care for a loved one with dementia or related illness. For information, call Beverly Bartlett at **920.468.3399**.

Stay Connected!

Thank you all for your feedback regarding this newsletter. It was decided that this newsletter has served its purpose to help people stay connected to education and support throughout the "meat" of the COVID-19 pandemic.

This will be the last publication of this newsletter (for now!). We may consider something similar down the road if the need is there.

Please stay connected with us! If you have not already, follow us on Facebook at www.facebook.com/BCDementiaFriendly.

Thank you for your hard work and dedication to people with dementia and their caregivers₂