

AGING & DISABILITY RESOURCE CENTER

September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
labor day	BBQ Shredded Pork Sandwich Rice w/ Broccoli & Cheese Sauce Garden Salad Diced Pears	Chicken Stroganoff Whole Grain Dinner Roll Egg Noodles Peas Pickled Beets Orange	Tacos Shredded Lettuce & Diced Tomatoes Refried Beans Cinnamon Apples Yellow Cake	Cream of Broccoli Soup Egg Salad Sandwich Hummus w/ Carrots String Cheese
Chicken & Ham Jambalaya Whole Grain Dinner Roll Corn Garden Salad Peach Fluff	BBQ Peach Roast Pork Whole Wheat Bread Mashed Sweet Potatoes Irish Vegetable Blend Fresh Cantaloupe	Bratwurst on a Bun Hot German Potato Salad Mixed Vegetables Garden Salad Poke Cake	Meatballs w/ Tomato Sauce Garlic Herb Breadstick Whole Wheat Pasta Broccoli & Cauliflower Cucumber Tomato Salad Chocolate Chip Cookies	Ranch Crusted Chicken Sandwich Lettuce & Tomato Home Fries Baked Beans Fruited Gelatin
Baked Fish Rye Bread Roasted Potatoes Brussels Sprouts Apricots Fruit & Cereal Bar	Sloppy Joe BBQ Black Beans Carrot Salad Fresh Seasonal Fruit Fig Newton Cookies	BBQ Chicken Breast Whole Wheat Bread Au Gratin Potatoes Peas Cinnamon Applesauce	Vegetable Soup Chicken Apple Walnut Salad on a Croissant Broccoli Vinaigrette Tropical Fruit Yogurt	Country Meatloaf w/ Gravy Whole Grain Dinner Roll Mashed Potatoes Carrots Peaches & Strawberries Fudge Brownie
Hot Dog on a Bun Tater Tots Baked Beans Cherry Tomatoes w/ Ranch Lorna Doone Shortbread Cookies	Sausage & Egg Breakfast Sandwich Hash Browns Warm Spiced Peaches Fruit Juice Granola Bar	Chicken Alfredo Whole Grain Dinner Roll Carrots Mixed Fruit Oatmeal Raisin Cookie	Chef's Salad Apple Cinnamon Muffin w/ Apple Jelly	Chicken Fajitas Cilantro Lime Brown Rice Mexican Coleslaw Mandarin Oranges
Swedish Meatballs Whole Wheat Dinner Roll Whole Wheat Pasta Broccoli Mixed Fruit				Suggested Contribution: \$5/meal. Please pay as much as you can afford. We rely on donations to keep the program going.

All Meals are Served with 1% Milk | Due to circumstances beyond our control, menu changes may occur from time to time.

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